



## Replicating Success

### What's this about?

A six hour, two sessions training looking at success

What is success? What is it not?

What are the secrets behind success?

If one person can do it, others can, as long as the correct resources are available

### What will this get you?

An introduction to physiological and psychological modelling

The knowledge of how to elicit the technical, physical and mental skills of a successful person and how these can be replicated and taught to others

Exquisite communication skills with a deep understanding of how we do what we do

An in depth knowledge of questioning and chunking enabling the skills to elicited from the model

A focussed mindset for success

An inner confidence

### Who's it for?

Absolutely anyone who's interested in what makes themselves and others tick and would like to employ the physical and psychological skills others have shown possible

For those who want success and continuing personal development

### For more information?

Contact Paul Ludford at APLnlp, the details are below